

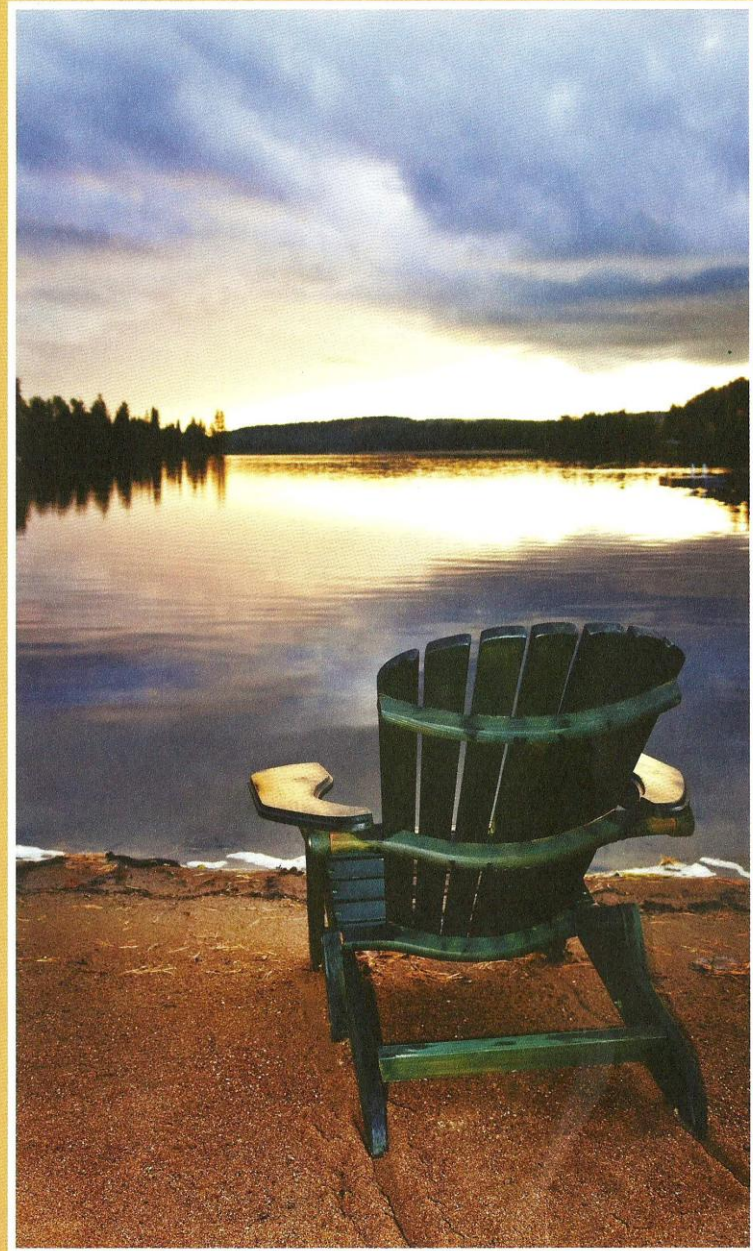
## The sabbath is for rest,

a gift of time given by God for our renewal and enjoyment. It is also a time for worship, a gift of space carved out of our busy and distracted lives. Rest and worship are essential for our health and well-being.

There is one more important aspect of sabbath-keeping. Jesus said that the sabbath is also for healing. It is a time to be set free from suffering and healed in mind, body and spirit. In addition to resting and praising God on the sabbath, we are invited to lay down all of our sadness and grief, pain and despair, loneliness and confusion. It is a day to allow Jesus to touch and handle our suffering, a day to be free.

When the sun sets on our day of rest and worship and healing, we will discover that our burden is lighter – Jesus not only holds our suffering in his hands, he transforms it.

The Rev. Dr. Sarah Travis lives in Oakville, Ontario.



**FIRST PRESBYTERIAN CHURCH**  
**Sunday, August 25, 2013 @ 10 am**  
**14th Sunday after Pentecost**

Please stand at items marked \* if you are able.  
Passages in **Bold Print** are to be spoken in Unison  
Organ Prelude – Hymn and Quiet Reflection

Welcome & Announcements

Anne MacDonald

Organist - Carol Wehrstedt      Music Director- Kendall House

**WE GATHER IN GOD'S PRESENCE**

\* Entry of the Bible

Call to Worship

\* Hymn: *Jesus Hands are Kind Hands* #631

Opening Prayer:

Holy God, you truly are the Rock upon which we build our life. We sing our praise to you with joy and thanksgiving and enter this time of worship ready to open our hearts to your Holy Presence. Help us to set aside the debris of our daily life and immerse our whole being in your life-giving Spirit Amen.

Assurance of Pardon

Exchanging the Peace of Christ

Music

\* Hymn: *Seek ye first* #625  
(Children come to the front during the last verse)

**WE HEAR GOD'S WORD**

Hymn of Preparation

**Be still and know that I am God. Be still and know that I am God. Be still and know that I am God.**

Prayer of Illumination

Bible Readings:

Jeremiah 1: 4-10      P. 698      O.T.  
Luke 13: 10-17      P. 76      N.T.

Gloria

594

\* Hymn: *Will you come and follow me* #634

Sermon

**WE RESPOND TO GOD**

Tithes and Offerings

\* Offertory Response 661

**We give thee but thine own, whatever the gift may be; all that we have is thine alone, a trust, O Lord, from thee.**

Prayer of Dedication

**Loving God, we give, not out of obligation, but as a response of thanksgiving to you. We give, not to keep the local church going, but to promote the mission of Jesus Christ. We give, not just to serve the persons in need that we know but to serve those who are needy through the world. We give and you. O God, receive your gifts. Amen.**

Pastoral Prayer & Lord's Prayer (debts ....debtors)

**WE GO OUT TO SERVE**

\* Hymn: *Take time to be Holy* #638

Blessing

**FIRST PRESBYTERIAN CHURCH MISSION STATEMENT**

Our Mission purpose is to put our faith into action through mission education, community outreach, and personal and financial support both at home and abroad.

### Prayer Concerns:

Marie Huffman (Roseview)  
and her granddaughter, Bronwyn  
Douglas Anderson



A warm welcome to all who are worshipping with us this morning. Everyone is invited to Fellowship Time downstairs following this morning's service.

### Next week's (September 1st @ 10 am) Worship leader:

1st Pres' New Minister - Rev. Susan Mattinson

The October Tea is only 2 months away. We will be doing something different this year. We will be having a Dessert Tea. So all you fine bakers out there, think of your speciality and make one for this great cause. Also keep in mind something for the auction. If you find something special, let us know and we can reimburse you for it..Many thanks, and I know we'll have a great day again this year. Kathleen Noy (473-9309)

### **First Presbyterian Church**

**639 Grey Street, Thunder Bay, P7E 2E4**  
**Office - 623-0717 Email: first@tbaytel.net**

**Pastoral Emergencies - Interim Moderator -**  
**Rev. Jim Patterson (807) 854-0765**

**Also available for emergencies - Rev. Harold Hunt**  
**(345-5400)**

### Thank you this week to:

**Greeters:** Betty Irwin and Betty Irving  
**Lay Reader:** Patricia Creed  
**Fellowship Time:** Juice  
**Elevator Operator:** Terry Stein  
**Offering Counting:** Pat Creed, Debbie Linkletter, Maureen Verdone  
**Offering Collection:** Russ Brown, Don Munn, Joyce Nystrom, Janet Taylor  
**Visiting:**

### Next week's volunteers: Sept. 1st

**Greeters:** Betty Irwin and Betty Irving  
**Lay Reader:** Richard Noy  
**Fellowship Time:** Juice  
**Elevator Operator:** Alan Irwin  
**Offering Counting:** Val Calder and Isobel Telford  
**Offering Collection:** Russ Brown, Don Munn, Joyce Nystrom, Janet Taylor  
**Visiting:**

### Grass Cutting:

Aug. 25th to Sept. 7th - Laird Morrison  
Sept. 8th to Sept. 30th - Terry Casella



### Upcoming Events at First

Crafts and Conversation will meet on the second and fourth Fridays of the month at 1:00 pm. In September, we will get together on the 13th and the 27th. Please bring a project and join us.

### Also,

More than Mission resumes Tues, Sept. 3rd @ 1 pm  
Choir Practice resumes Thursday, Sept. 5th @ 7 pm.

**"SINGING IS GOOD FOR THE SOUL!!!!"** Lakehead Choral Group is a mixed voice (SATB) community choir and especially invites tenors and basses (women also welcome) to join them in making "beautiful music". Practices are Wednesday evenings and start Sept. 4th. If you LOVE to sing, call **Carol at 577-9975** for more information and to arrange an informal audition.



Thank you so much to everyone who donates to the Food Bank.